

GENESIS BIRTH

DOULA SUPPORT



Taylor Kriseldi, CD(DONA)

A doula provides non-medical support during pregnancy, birth, and early postpartum, including: information/resources; physical and emotional comfort during labor; and practical assistance with early infant care and feeding.

**BASIC BIRTH
DOULA PACKAGE
\$1,000**

Includes:

- Unlimited support via phone/email
- 2 in-person prenatal visits
- Birth plan assistance
- 24/7 on-call availability within 2 weeks of EDD
- Continuous in-person labor and birth support
- Immediate postpartum/breastfeeding support
- 1 in-person postpartum visit
- Virtual follow-up for up to 6 weeks postpartum

ADDITIONAL SERVICES	DESCRIPTION	FEE
CONSULTATION	Meet (in-person or virtual) to discuss doula support, review the contract, and ask questions (i.e. Interview the doula!)	FREE
ADDITIONAL VISITS	Optional prenatal and/or postpartum visits, in addition to those included in package	\$65
HOME PREPARATION	If requested, Taylor can prepare your home for the postpartum period by completing light cleaning tasks (detailed in contract)	\$65



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